



In The Spirit: Suffering Defied

E-News from Signature Spirituality

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[**Spirituality Operationalized:
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Faith and Politics:

[The Impact Act of 2014](#) has passed and is now law - improving lives!

A Spiritual Voice is a Political Voice

For best economic empowerment for an abundant life, get involved!

Contact Kathy Gallin at:

KGallin@signaturehealthcarellc.com

Check out her Legislative Lady blog:



God: A Quantum Physicist?

(See Evidentiary Probability in Spiritual Interventions and Outcomes in Our Current Example of Case Studies)

By Dianne H. Timmering

Vice President of Spirituality

& Legislative Affairs



Is there a miracle formula? Is faith always enough? If God were a physicist, would He be a quantum physicist, dissecting the universe in nanoseconds of time which go away and never come back? Would He say, "Live, rejoice, have peace because I'm holding what hurts you." He pinches it between his fingers and it disintegrates into space and it doesn't exist and then there is no hurt or pain or even heartache of mourning which can linger with a longing of dotted suffering on a landscape of flat terrain.

Is God a God of patterns and systems, process and notion, formulas that we may or may not see, we may or may not understand? A quantum theory is a formula with enough probability of certainty that something happened, that something is real. But it is not exact science, it is a science based on the probable. Is the probable the quantum leap of the unknown, a leap of trust that His hands are wide in the universe of your existence? Inside His formulas of time is His notion of mystery, the mysticism of His essence, His character inside your miracle of need, hope of presence. This mystery He gives to us because it is His way to stay attached to His people, His ironclad tentacle to you, His heart coiled with yours, His soul embedded in your dreams. If we could crack His code, would we still need Him anymore?

I say God likes the power of quantum physics; He is the probable in the likely of time. He is the unknown in the leap of faith; He is the hands in the universe of your existence and even if you can't see Him, He sees you. His mystery is His pursuit of you; the quantum is our pursuit of Him.

In our efforts to reveal some of God's limitless activity in our service here at Signature HealthCARE, we have challenged our chaplains to develop case studies on their work. You can see examples of these case studies [here](#).

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Prayer Requests



National Day of Prayer

[Click here](#) to read reflections on the 2014 National Day of Prayer observance along with the video of the event.

Prevent a Future Negative Interaction



SEI training is available for your team. [Click here](#) for more information.

Spiritual Innovation Programs

Read more about some of our spiritual innovation programs:

[Permission to Pray](#) - Signature's spiritual freedom

[Chaplain Programming](#) - Creative solutions in the care continuum

[PHQ-9 Study](#) - Partnership with clinical reimbursement

[Palliative Care](#) - Partnership with clinical team

[Referral Revolution](#) - Chaplains, a market-based solution

Touching the Heart of Forgiveness: Juan's Story

By Maria Meneses
Chaplain - Waterford Care & Rehab

His name was Juan. An elderly gentleman who was easily recognizable by his New York Yankees baseball cap. Quiet and unassuming, he looked up as I approached to make my first visit with him. As we began to speak, I felt as if there was some unknown pain behind his smile.



After a little while I asked about his family. Did he have a wife or children? An extreme sadness came over him. He was 87 years old and had never married because of a tragic heartbreak in his youth involving his first love. I asked him to tell me more. As he began his story, his face radiated a love reminiscent of old Spanish love stories found in story books. Her name was Pascha. He was 20 and she was 19, they were meeting to attend a dance in their town of Pinar del Rio, Cuba. That night the couple quarreled. Juan had worn a long sleeve white linen dress shirt. This was difficult for her for she had asked him not to wear such a shirt as it was a sign of luxury for this black man. He said she stopped speaking to him after that. Despite his best efforts to seek her attention like a good caballero, or gentleman, he never heard from her again. As we spoke it was apparent to me that he was still in love with this woman after all these years. As I listened to his story, I had a sense of the Holy Spirit and felt great compassion for Juan. He went on to share that Pascha had passed away in her twenties. He blamed himself for their love never having bloomed. Juan never married - almost as a sort of self-punishment. As he continued to pour out his heart I could hear the pain of a mistake he thought he made, for which he had been holding for 67 years!

I was so moved by this story. I asked him to imagine his "Pascha" sitting next to him at the moment. I asked him if there was there anything he would like to tell her. He looked down and looked up at my face and said, "I want to know if she would forgive me." I smiled lovingly and said to him that "if she were here, she would surely say to you that she loves you and that she forgives you. She wants to see you happy--always happy!" I offered Juan the greatest, most gentle smile and explained to him that God is a merciful God, and He doesn't want to punish us or leave us in chains but to free our hearts to feel love and happiness. For God is love and we were made in his image and likeness, so we too are love. Juan radiated a glowing smile with tears in his eyes. He looked at me as if he saw past me into my soul, he said "I'm so glad Miss." There was so much hope in his eyes, in his face, in his hands which I held in mine. It was amazing to watch and feel! As I kissed his cheek and said goodbye, we thanked one another for the visit.

2014 Chaplain Goals Tied to Outcomes

[Click here](#) for more information on the clinical indicators we are targeting in 2014.

Share Your Story



[Click Here](#)

Elder Chaplain Program

[Click here](#) for more information.

HR-Spirituality Partnership

Would you like to find out more about our Stakeholder Assistance Program? Call 1-800-327-7438

2014 Future Programming

- *Human Possible: Elder Mission Program
- *The Daily D 365 Book

Chaplain Case Studies

Review our library of ongoing quantitative studies on the efficacy of Spirituality in the care continuum [here](#).

I walked away feeling that God had used me in a way to free a man from the shackles of the past, and getting past the pain and onward with the business of living! All is well, and each day now, I pass by Juan in the hallway and he has a new lease on life. Now Juan always smiles.

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Compassion Fund New Direction

By Stephen Bowling
Director of Spiritual Initiatives



We are all so very proud of the great work that the Compassion Fund has done over the last 5 years - paying out close to \$1,100,000 in awards to nearly 800 people to assist in times of crisis.

We would like to inform everyone officially of some of the recent changes made to improve the way the Compassion Fund assists you in times of need, as well as to steward the growth of the Fund into the future to assure it is well equipped to always assist those in need.

As an expansion of my duties as Director of Spiritual Initiatives for the Spirituality Department, I will be shepherding the Compassion Fund as we attempt to further develop its enormous potential as well as improve the processes that enable it to respond quickly and effectively in times of need. I am proud to also announce our newest team member, Allison Schnell, who helps to manage Spirituality Department projects as well as assists in all aspects of case management, marketing and fundraising for the Fund.

I am excited about this new direction and encourage everyone to reach out to both myself and Allison for all your Compassion Fund needs as we boldly seek to take the Fund forward, leading always with our hearts to defy suffering wherever it may be found.

Both of us can be reached at cfund@thecompassionfund.org and the newest information about the Fund can always be found on our website at www.thecompassionfund.org.

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Check out the article:

["Faith and Politics Intertwine as Timmering Drives LTC Change by Leading Legislative Efforts"](#)

by Ben Adkins

The interfaith Department of Spirituality is founded on the healing well of unconditional love for diverse cultures and faiths. We work inside unending mercy, abounding joy, restorative peace, and hope in miracles.

Our blogs and E-news are here to connect you to your own spirituality and defy suffering as a movement of revolutionaries to change the landscape of healthcare forever.

Sincerely,

Dianne H. Timmering

Vice President of Spirituality & Legislative Affairs
Signature HealthCARE

To join any of our many spiritual programs like the Daily Devotional, the Early Plunge or the Prayer Chain, or to learn more about this great program or our many other offerings, simply reply to this email and let us know.

Pray Your Way and receive uplifting messages throughout the work week by texting **Endless Hope** to 24587